

One More, One Less: One More to 10

1 / 14

Draw one more dot in the frame. Write how many dots there are now.

●	●	●		

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●	●	●	●	●
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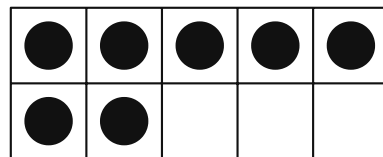
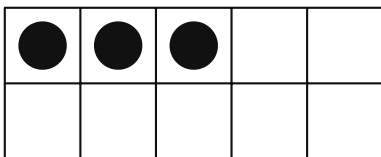
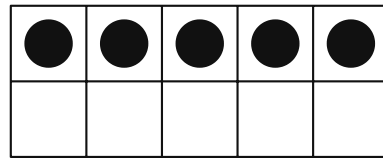
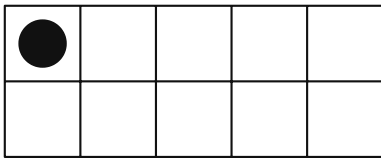
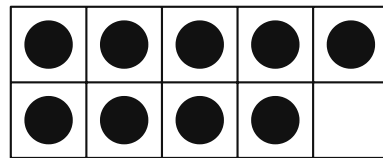
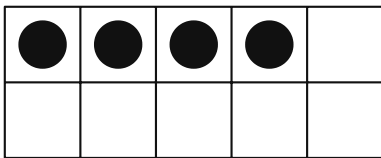
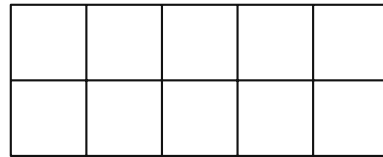
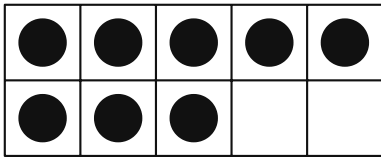
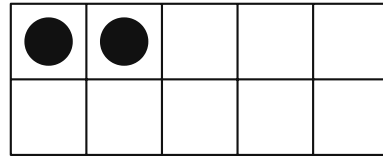
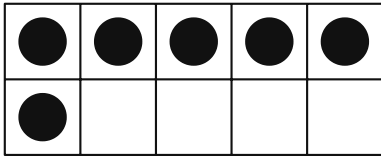
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One More, One Less: One More to 10

2 / 14

Draw one more dot in the frame. Write how many dots there are now.



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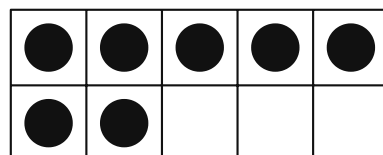
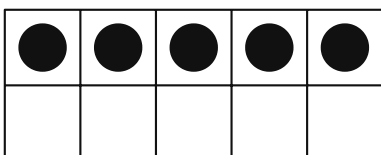
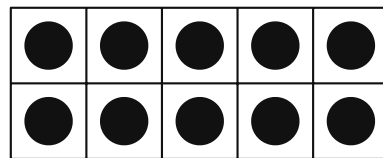
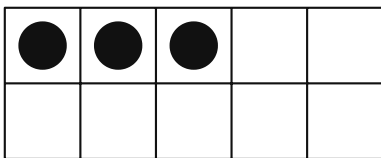
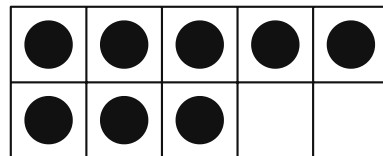
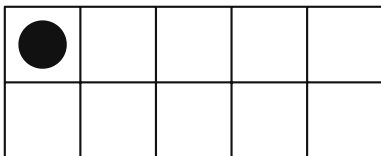
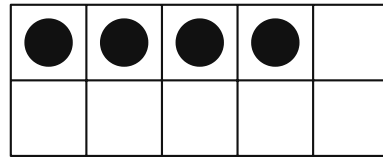
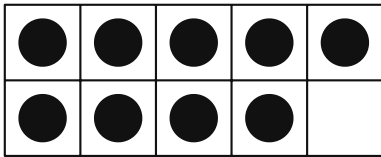
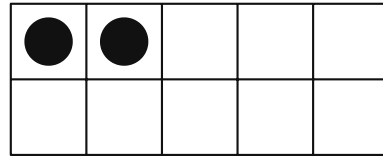
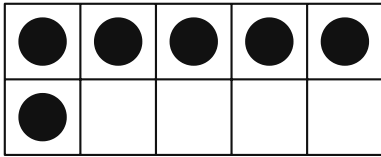
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One More, One Less: One Less to 10

3 / 14

Cross out one dot. Write how many dots are left.



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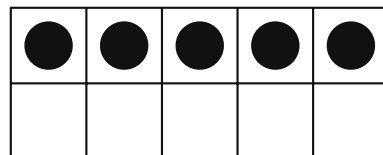
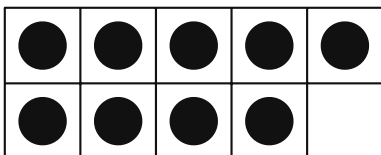
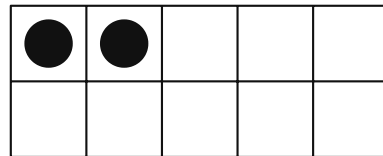
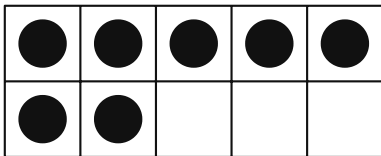
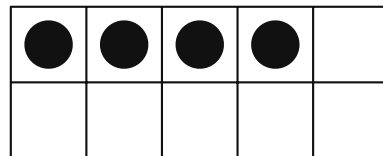
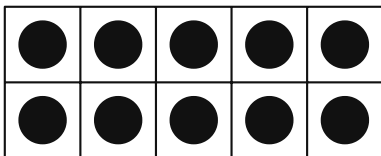
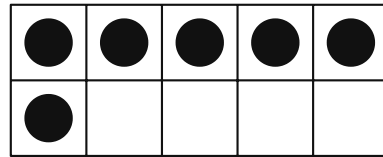
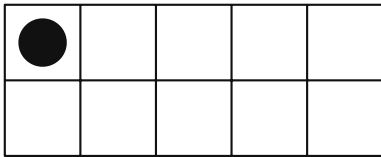
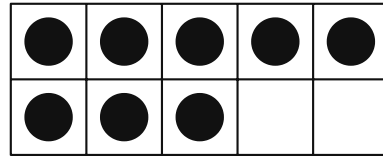
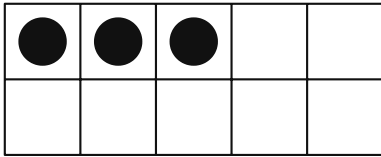
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One More, One Less: One Less to 10

4 / 14

Cross out one dot. Write how many dots are left.



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One More, One Less: Before and After to 20

5 / 14

Write the number that comes just before and the number that comes just after.

before		after
	14	

before		after
	10	

before		after
	6	

before		after
	19	

before		after
	3	

before		after
	12	

before		after
	17	

before		after
	1	

before		after
	8	

before		after
	15	

before		after
	11	

before		after
	5	



One More, One Less: Before and After to 20

6 / 14

Write the number that comes just before and the number that comes just after.

before		after
	7	

before		after
	19	

before		after
	4	

before		after
	13	

before		after
	10	

before		after
	2	

before		after
	16	

before		after
	9	

before		after
	18	

before		after
	5	

before		after
	11	

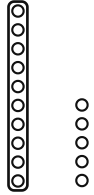
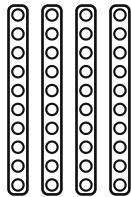
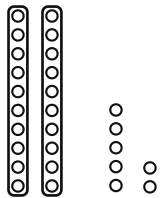
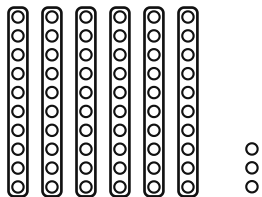
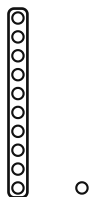
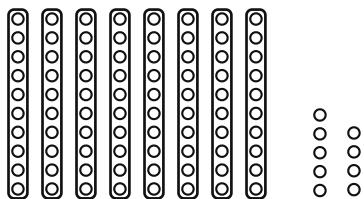
before		after
	15	



One More, One Less: Ten More, Ten Less

7 / 14

Each stick is ten and each dot is one. Write ten less and ten more.

ten less 	15		ten more
ten less 	40		ten more
ten less 	27		ten more
ten less 	63		ten more
ten less 	11		ten more
ten less 	89		ten more



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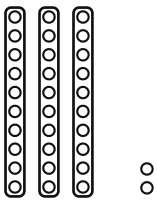
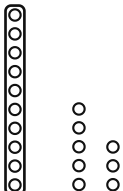
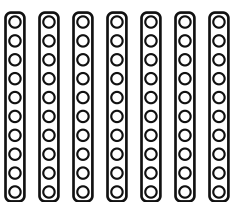
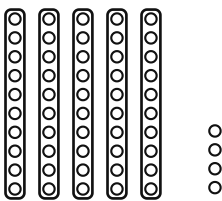
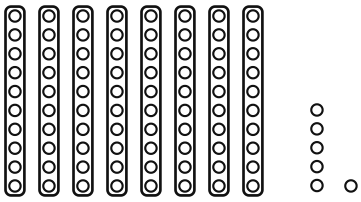
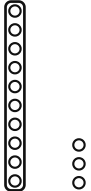
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One More, One Less: Ten More, Ten Less

8 / 14

Each stick is ten and each dot is one. Write ten less and ten more.

ten less 	32		ten more
ten less 	18		ten more
ten less 	70		ten more
ten less 	54		ten more
ten less 	86		ten more
ten less 	13		ten more



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One More, One Less: Ten More, Ten Less to 120

9 / 14

Write ten less before the number and ten more after it.

ten less		ten more
	14	

ten less		ten more
	95	

ten less		ten more
	24	

ten less		ten more
	104	

ten less		ten more
	34	

ten less		ten more
	58	

ten less		ten more
	44	

ten less		ten more
	110	

ten less		ten more
	54	

ten less		ten more
	81	

ten less		ten more
	64	

ten less		ten more
	37	



One More, One Less: Ten More, Ten Less to 120

10 / 14

Write ten less before the number and ten more after it.

ten less		ten more
	16	

ten less		ten more
	92	

ten less		ten more
	26	

ten less		ten more
	101	

ten less		ten more
	36	

ten less		ten more
	67	

ten less		ten more
	46	

ten less		ten more
	108	

ten less		ten more
	56	

ten less		ten more
	73	

ten less		ten more
	66	

ten less		ten more
	29	

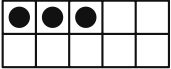
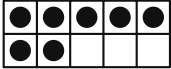
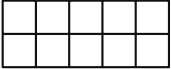
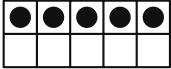
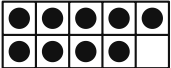
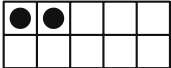
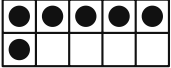
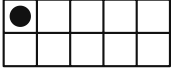
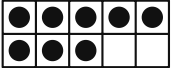
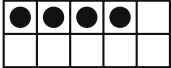


Answer Key: Pages 1 to 4

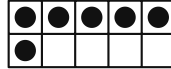
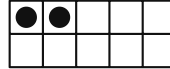
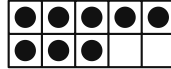
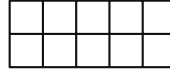
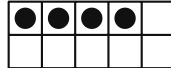
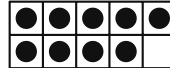
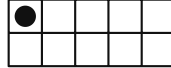
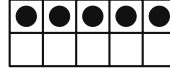
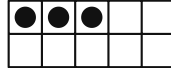
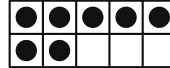
11 / 14

For the grown-up. Each red number sits where your child writes it.

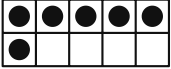
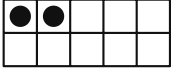
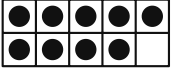
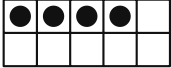
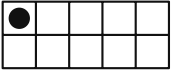
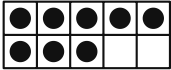
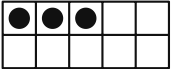
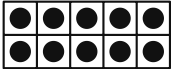
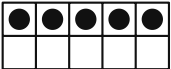
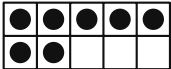
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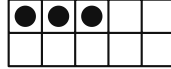
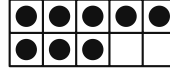
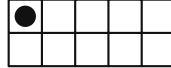
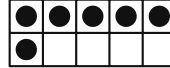
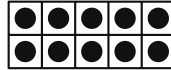
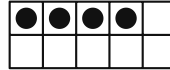
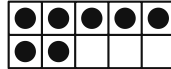
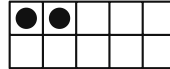
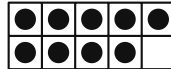
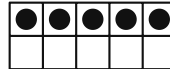
Page 2

Page 3

Page 4



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Answer Key: Pages 5 and 6

12 / 14

For the grown-up. Each red number sits where your child writes it.

Page 5

before		after
13	14	15

before		after
9	10	11

before		after
5	6	7

before		after
18	19	20

before		after
2	3	4

before		after
11	12	13

before		after
16	17	18

before		after
0	1	2

before		after
7	8	9

before		after
14	15	16

before		after
10	11	12

before		after
4	5	6

Page 6

before		after
6	7	8

before		after
18	19	20

before		after
3	4	5

before		after
12	13	14

before		after
9	10	11

before		after
1	2	3

before		after
15	16	17

before		after
8	9	10

before		after
17	18	19

before		after
4	5	6

before		after
10	11	12

before		after
14	15	16



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Answer Key: Pages 7 to 10

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For the grown-up. Each red number sits where your child writes it.

Page 7

ten less 5	15	ten more 25
ten less 30	40	ten more 50
ten less 17	27	ten more 37
ten less 53	63	ten more 73
ten less 1	11	ten more 21
ten less 79	89	ten more 99

Page 8

ten less 22	32	ten more 42
ten less 8	18	ten more 28
ten less 60	70	ten more 80
ten less 44	54	ten more 64
ten less 76	86	ten more 96
ten less 3	13	ten more 23

Page 9

ten less 4	14	ten more 24	ten less 85	95	ten more 105
ten less 14	24	ten more 34	ten less 94	104	ten more 114
ten less 24	34	ten more 44	ten less 48	58	ten more 68
ten less 34	44	ten more 54	ten less 100	110	ten more 120
ten less 44	54	ten more 64	ten less 71	81	ten more 91
ten less 54	64	ten more 74	ten less 27	37	ten more 47

Page 10

ten less 6	16	ten more 26	ten less 82	92	ten more 102
ten less 16	26	ten more 36	ten less 91	101	ten more 111
ten less 26	36	ten more 46	ten less 57	67	ten more 77
ten less 36	46	ten more 56	ten less 98	108	ten more 118
ten less 46	56	ten more 66	ten less 63	73	ten more 83
ten less 56	66	ten more 76	ten less 19	29	ten more 39



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For Grown-Ups: How to Use These Worksheets

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A few minutes at a time, from pre-K to first grade. Start with the page your child can already do.

Why use it

One more is the number right after another, and one less is the number right before. Children first find them by counting, and the goal is to know them without counting. Ten more and ten less change the tens digit by one and leave the ones digit alone, which is a first step into place value.

What it is good for

- Pre-K and kindergarten: one more and one less with dots in ten frames, to 10.
- Kindergarten: the numbers just before and just after, to 20.
- First grade: ten more and ten less with ten-sticks and dots, then to 120.

How to use it

1. On the one more pages, your child draws one more dot and writes how many now.
2. On the one less pages, your child crosses out one dot and writes how many are left. Do these after one more.
3. On the before and after pages, ask what comes just after the number, then just before.
4. On the ten more pages, each stick is ten and each dot is one. Ask which digit changed.
5. Check with the answer keys, which show every page in small.

Try saying: “What comes after 7? What comes before 7? Can you say it without counting from 1?”

Tip: A running start, 5, 6, 7, 8, is fine for now, and it fades.



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